# SURVIVOR SYNDROME, OCCUPATIONAL STRESS, PSYCHOLOGICAL CONTRACT AND ORGANIZATIONAL CITIZENSHIP BEHAVIOR (OCB) AMONG EMPLOYEES IN NON-GOVERNMENTAL ORGANIZATIONS

A STUDY OF INTEGRATED COMMUNITY BASED INTIATIVES (ICOBI), KABWOHE CLINICAL RESEARCH CENTRE (KCRC) AND BUSHENYI MEDICAL CENTRE (BMC)

By

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A RESEARCH DISSERTATION SUBMITTED TO THE SCHOOL OF GRADUATE STUDIES IN PARTIAL FULFILLMENT FOR THE AWARD OF MASTERS OF HUMAN RESOURCE MANAGEMENT DEGREE OF MAKERERE UNIVERSITY

November, 2008

## **DECLARATION**

I declare that this dissertation report is a result of my own independent research effort and investigation. It has not been submitted to any other institution for any award. Where it is indebted to the work of others, due acknowledgment has been done.

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Signature	Date

# **APPROVAL**

This dissertation has been submitted for examination with approval as University Supervisor.

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# **DEDICATION**

To my dear wife Grace and children Immaculate, Albert, David, Abraham and Nelson who have been strong pillar of support and encouragement throughout my studies.

### **ACKNOWLEDGEMENT**

I am greatly indebted to my supervisors Prof. J.C. Munene and Dr. Joseph Ntayi without whose guidance this work would not have been completed.

Special thanks go to the management of ICOBI, KCRC and BMC particularly respondent staff who sacrificed their time from their busy schedules and attended to my lengthy questionnaire. The support from Dr. Elioda Tumwesigye, Dr. Fred Nuwaha and Dr. Elly Muganzi's encouragement can not escape recognition.

My appreciation further goes to Mr. Godwill Wana for his contribution towards the completion of this work not forgetting Boaz Aturinzire and his wife for their compassion and generosity.

Last but not least, my wife for taking over my financial obligation towards the family's well being when they needed my contribution most. I'm very appreciative for your support, understanding and patience with me during the course program.

Above all, I thank God for his love and mercy to enable me complete this course.

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### LIST OF ACRONYMS

AIDS Acquired Immune Deficiency Syndrome

ART Anti Retroviral Treatment/Therapy

BCC Behavior Change Communication

BMC Bushenyi Medical Centre

CBO Community Based Organization (s)

CCW Child Care Workers

CDC Centers for Disease and Control

CHAI Community-Led HIV/AIDS Initiatives

CSO Civil Society Organization (s)

EGPAF Elizabeth Glazer Pediatric AIDS Foundation

FP Family Planning

HBCT Home Based Counseling and Testing

HIV Human Immuno-deficiency Virus

IEC/BCC Information, Education & Communication

ICOBI Integrated Community Based Initiatives

KCRC Kabwohe Clinical Research Centre

NGO Non Governmental Organization(s)

MCH Maternal Child Health

MUK Makerere University

MUST Mbarara University of Science and Technology

NECDP Nutrition and Early Childhood Development Project

OCB Organization Citizenship Behavior

OVC Orphans and other Vulnerable Children

PEPFAR President's Emergency Plan for AIDS Relief

PMTCT Prevention of Mother to Child Transmission

SHEMES Schools Health Made Easy Scheme

SPSS Statistical Package for Social Scientists

STI / D Sexually Transmitted Infections/Disease

UACP Uganda AIDS Control Project

USA United States of America

VCT Voluntary Counseling and Testing

### **ABSTRACT**

The main purpose of the study was to examine organizational citizenship behavior of the remaining employees in three sister organizations namely ICOBI, KCRC and BMC in relation to their survivor syndrome, occupational stress and psychological contract. The study was prompted by the decline in staff morale with the former having undergone massive restructuring. It was done by developing a conceptual framework that relates survivor syndrome, occupational stress, psychological contract and OCB. The specific objectives were to examine the relationship between survivor syndrome, occupational stress, and psychological contract against the remaining staff behaviors in their respective organizations.

A correlation survey design was adopted using majority of staff within the three sister organizations. The research tool was a self administered structured questionnaire divided into two sets while the sample size was selected using a convenience simple random sampling with adequate representation.

Using a sample of 82 respondents including supervisors and department heads, the study showed that positive relationships existed between survivor syndrome, occupational stress, psychological contract and organizational citizenship behavior. However, it did not show direct independent correlation between survivor syndrome and OCB and occupational stress and OCB variables in the organizations.

The report concludes by giving recommendations for enhancing organization citizenship behavior and psychological contract as they do away with employees work related stress and sickness within these sister organizations.